

PEAK PERFORMANCE PACKAGE – SECURITY

Always on – Breaks and trouble-free work are becoming increasingly rare

Challenge:

Again and again, valuable employees are absent due to illness because one performance peak follows the next and the phases of normal work activity are getting shorter and shorter.

Better linked brings more peace of mind to your company!

- With Better linked, your employees learn to deal better with unavoidable stress
- We work on better stress prevention and ensure greater resilience
- You learn how you can better support your employees, because offering psychological safety is your most important leadership skill
- You will see where hidden stressors have crept into the corporate culture or structure and can successfully eliminate them

You receive:

- **An individual company "safe space"** - this trusting framework enables all employees to have a constructive exchange on current challenges and stresses. (By registering individually, the exchange takes place on the communication platform absolutely ANONYM).
- **Information about stressors in the workplace:** Use the knowledge of all employees to address or identify stressors. Everyone has already successfully solved stress problems. Your employees feel seen, they are not alone with their stress.
- **Measure changes:** In order to make changes comprehensible, you receive a transparent analysis of the often hidden factors and strongest drivers that keep stress levels high in your company. Fact-based findings help to reduce stress in the long term.

Goal:

- Resilient employees and managers are productive and make beneficial decisions.
- Resilient companies are able to meet future challenges with a high competitive advantage.



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